Mi Watch

Six upgrades for a sportswear style worth emulating



8 reasons to buy a Mi Watch

1.39 inch 326 ppi high resolution screen

Supports Always-on Display

Measuring the oxygen level in the blood

Monitor your health by measuring anytime

32g lightweight design

3 strap colors / 3 watch case colors

16-day ultra-long battery life

50 hours of sports and GPS battery life

More than 100 clock shapes

Supports live and custom clock shapes

117 sports modes*

Firstbeat algorithm

12 nm high performance GPS chip

Four real-time locating modes

24-hour heart rate monitoring

sleep tracking/stress monitoring/body energy



1.39 inch 326 ppi high resolution screen Keep track of your health

The Always-On Display* feature can show the time all day long, even in direct sunlight. Clearly displays incoming calls, notifications, fitness data and other important information.



updated design

32g lightweight design* Thin and light

Light as lipstick*, thanks to a new custom-made frame Unleash your energy and make your workouts more fun.

^{*}The body of the watch weighs approximately 32 g. This is roughly equivalent to the weight of a lipstick.



^{*32} g lightweight design: Net weight of the watch (strap not included).

Six new strap* colors and three watch case colors A watch that makes a difference, always changeable

You can pair the new beige watch case with our collection of skin-friendly multi-coloured TPU straps. Whether street sports, trendy or professional; Whatever your style, your watch keeps up with you.

*Standard package comes with one of the beige/navy/black strap options. Olive green/yellow/orange straps sold separately.



More than 100 clock shapes Spice up your style with countless customization options

Technology, sports, mechanics, cartoon designs... Choose the theme you want. Want more? Create your own style by customizing the shape of your watch with your favorite picture.









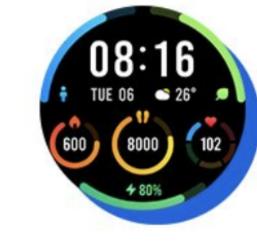






























Enhanced battery life

16-day ultra-long battery life Longer battery life means you can travel worry-free

We've improved the watch's battery life with general upgrades to low-power Al algorithms. Charge easily and instantly with the magnetic charging cable

16 day

Typical usage mode*

22 day

Long battery life mode*

50 hour

Outdoor sports mode*

Updated chip

High performance GPS chip with four modes Accurately records your movements

The high-performance internal Airoha GPS chip, designed with a 12 nm manufacturing process, supports synchronized positioning offered by four major positioning systems: GPS, GLONASS, Galileo and BDS. Improves accuracy in motion and distance measurements thanks to customized distance measurement optimization algorithms. So you get more accurate fitness data.



50 hours of battery life* when used for GPS and sports
By your side for 20 marathons, without a break

The high-performance GPS chip works with low power consumption algorithms to deliver 50 hours of continuous motion recording with real-time positioning. Low battery life will no longer interfere with your tough sports adventures.



Improve your workouts

117 training modes for even more choice

It supports 17 professional training modes and 100 extended training modes*, including triathlon, swimming and HIIT. Powerful Firstbeat algorithm; Accurately monitors and analyzes more than 30 key data points such as heart rate, calories burned and speed, improving the efficiency of your workouts.

For 100 extended training modes, please see the bottom of the Details page.









jogging outdoors



treadmill



brisk walking



Cycling outdoors



Challenging nature walk



Open water swimming



Indoor cycling exercise bike





trail running



hiking

Swimming



rowing machine



Skipping rope



interval

training (HIIT)



Highintensity



Yoga



free exercise





It automatically detects and tracks your workout when you start. It pauses when you take a break and starts again with you when you start again, ensuring that all your movements are recorded. Alternatively, just press the SPORT button to start your favorite workout.

Check your health anytime with the all-new blood oxygen measurement feature

Measuring the oxygen level in the blood is especially important for people who are older, obese or who work in stressful jobs. A timely blood oxygen level measurement provides a better assessment of your physical condition. Remain calm when you are short of breath, tired or dizzy. First, check if your blood oxygen saturation level is low.

*This product is not a medical device. Data and results are for reference only and cannot be used as a basis for diagnosis and treatment.



Advanced sensors

24-hour real-time heart rate monitoring Continuously records resting heart rate for up to 30 days*

Accurately monitors your condition, even during high-intensity exercise like trail walking or cycling. You will be notified when your heart rate is higher than normal. It records your resting heart rate curve for the last 30 days and continuously monitors your fitness achievements.



Next generation multichannel

PPG biosensors



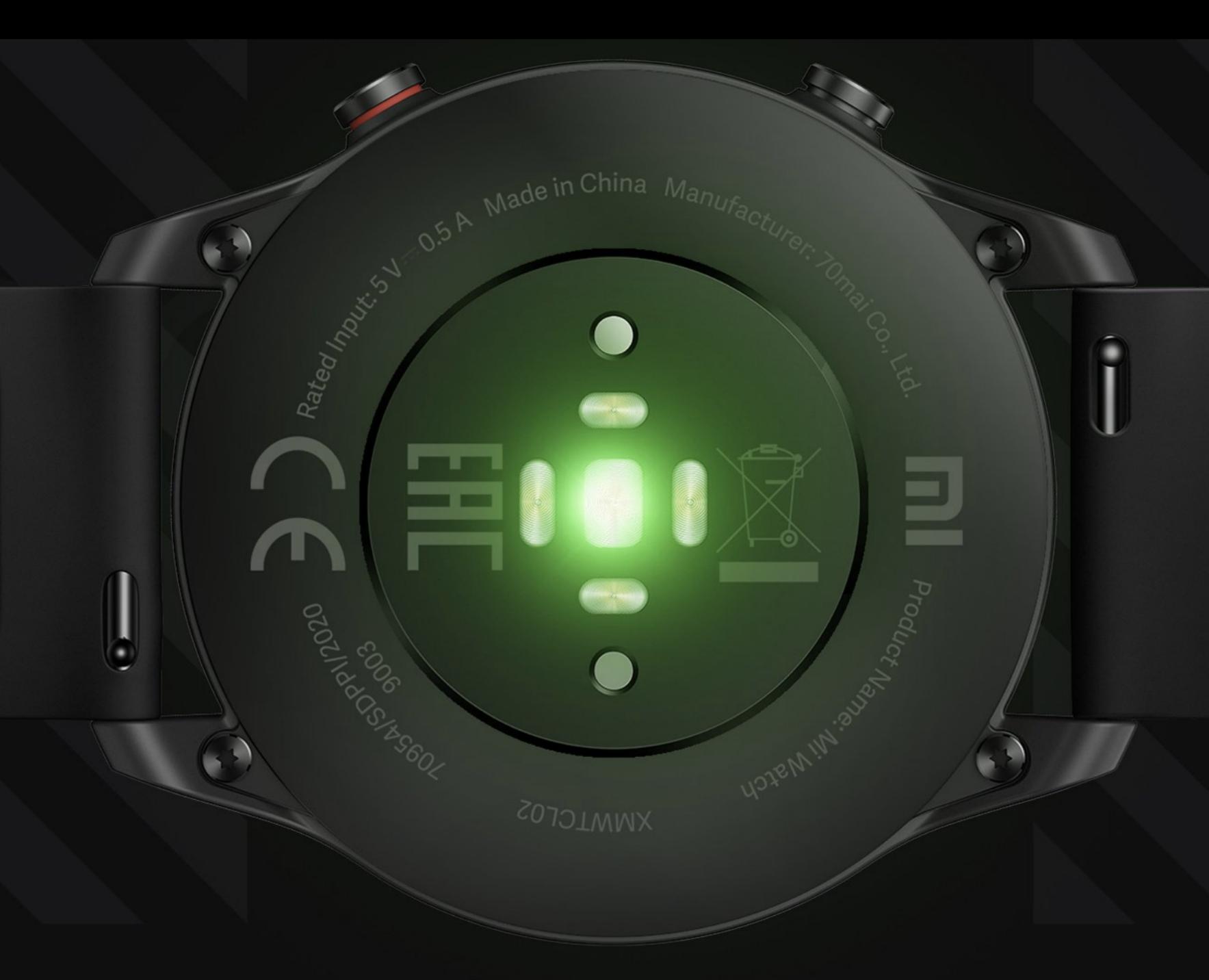
Heart rate alerts

Vibrating reminders that kick in when the heart rate is too high



resting heart rate curve

Continuously monitors your heart rate





Sleep monitoring*

It helps you improve your habits for a better sleep experience by recording your sleep gradually.



vital signs monitoring

By analyzing your vital signs holistically, it helps you to understand your physical condition with objective data and prevents injuries that occur when exercising while tired.



stress monitoring

Understand your stress levels, daily and 30-day stress trends, and better balance your work life with your personal life.



breathing exercises

Quickly release your physical and mental stress by following the rhythms shown and doing breathing exercises for 1 to 5 minutes.



See your daily health statistics at a glance

Detailed daily health statistics such as heart rate, fitness data, and sleep information are displayed to provide a clear analysis of your health. You can also apply personal discipline methods by adding various health plans.

*The user interface is given for example purposes. Please review our actual app for the right look.



Scan the QR code, and download the proper app version according to your phone's system



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